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Name _____ DOB ____/____/____

KNEE OUTCOME SURVEY: ACTIVITIES OF DAILY LIVING SCALE (ADLS)

Symptoms: To what degree each of the following symptoms affect you level of activity? (check one answer on each line)

	I <u>do not</u> have the symptom	I have the symptom, but it does <u>not</u> affect my activity	The symptom affects my activity <u>slightly</u>	The symptom affects my activity <u>moderately</u>	The symptom affects my activity <u>severely</u>	The symptom <u>prevents</u> me from all daily activities
Pain						
Stiffness						
Swelling						
Giving way, buckling or shifting of the knee						
Weakness						
Limping						

Functional Limitations with Activities of Daily Living: How does your knee affect your ability to? (check one answer on each line)

	Activity is <u>not</u> difficult	Activity is <u>minimally</u> difficult	Activity is <u>somewhat</u> difficult	Activity is <u>fairly</u> difficult	Activity is <u>very</u> difficult	I am <u>unable</u> to do the activity
Walk						
Go Up Stairs						
Go Down Stairs						
Stand						

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Main Location: Wayne
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Knee on front of your knee						
Squat						
Sit with your knee bent						
Rise from chair						

KNEE OUTCOME SURVEY: SPORTS ACTIVITIES SCALE (SAS)

Symptoms: To what degree does each of the following symptoms affect your level of sports activity? (check one answer on each line)

	<u>Never have</u>	<u>Have, but does not affect my sport activity</u>	<u>Affects sports activity slightly</u>	<u>Affects sports activity moderately</u>	<u>Affects sports activity severely</u>	<u>Prevents me from all sport activity</u>
Pain						
Grinding or Grating						
Stiffness						
Swelling						
Slipping or partial giving way of knee						
Buckling or full giving of knee						
Weakness						

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Functional Limitations with Sports Activities: How does your knee affect your ability to? (check one answer on each line)

	<u>Not</u> difficult at all	<u>Minimally</u> difficult	<u>Somewhat</u> difficult	<u>Fairly</u> Difficult	<u>Very</u> difficult	<u>Unable</u> to do
Run straight ahead						
Jump and land on your involved leg						
Stop and start quickly						
Cut and pivot on your involved leg						

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